

THE MRC CONNECTION

AUGUST 2009



Peninsula Medical Reserve Corps, 416 J. Clyde Morris Blvd., Newport News, VA 23601

What's Inside

Training 2

Events 3

Exercises..... 4

Thanks..... 4

Welcome New Members:

Karlynn Koprivier

David Theurer

Michelle Thompson

We are glad to have you!

Hurricanes, Seasonal Flu, H1N1: Tidewater Virginia could face a daunting season, and we are counting on your help!

Though the tropics have been tranquil so far, it is still early in the hurricane season and only 15 percent of the named storms since 1950 have occurred in June and July combined. Typically tropical activity ramps up quickly in the next two months with August and September accounting for 62 percent of the named storms since 1950.

Are you prepared? Is your family prepared?

<http://www.readyvirginia.gov/brochures/hurricaneEvacInteractFINAL.pdf>

But no matter the emergency, the Peninsula MRC also wants to be prepared to provide help. In order to ensure that you as a volunteer can take appropriate steps to help others, first you must have a good personal preparedness plan, and next certain PMRC and MRC *training requirements* must be met prior to being deployed to an event or an emergency. Have you completed the PMRC Orientation, read the Policies and signed and returned the Signature Page? Is your CPR certification up to date? Have you completed the required core courses such as the IS-100 and IS-700 or their abbreviated equivalents IS-100.a and IS-700.a? *We urge you to bring your training into alignment with the requirements before an emergency strikes.* Please visit <http://www.vdh.virginia.gov/MRC/peninsulamrc/index.asp> > Volunteering tab > What Training Is Needed to see the Training Matrix. Most training is available on TRAINVirginia (<http://va.train.org>); you must be a registered user to access and complete courses.

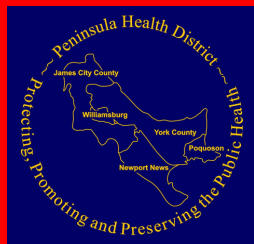
SPEAKING of training, thank you to all who completed the volunteer survey (memo to you 6/22/09) regarding H1N1 flu pandemic training. The results of the survey have been tallied, and they are as follows:

- **Volunteer Interest**—greatest number volunteering for either a neighborhood POD/mass POD followed by Surge site staffing; in both cases it was both medical and non-medical volunteers.
- **Training Location**—closely split among Hampton, James City County and Newport News.
- **Training Time**—evening was preferred, however a significant number preferred the daytime.

In September and October, we will offer training in all areas identified as needed to address the H1N1 pandemic: phone banks, POD, staffing for alternative sheltering sites and perhaps surge staffing. Watch for details and sign-up; **we need your help!**

2009 the Peninsula MRC's Year of Preparedness

Helen T. Madden, Ph.D.
Peninsula MRC Coordinator





Volunteers Protecting the Health of the Peninsula

MRC Training Calendar

Course/Event	Date	Time	Location	Instructor
CPR for Health Care Professionals	Tuesday August 4	8:00 AM – 1:00 PM	Mary Immaculate Hospital Health Education Room Newport News	PHD To Register call Teresa 594-8045
CPR for Health Care Professionals	Tuesday August 18	8:00 AM – 1:00 PM	Mary Immaculate Hospital Health Education Room Newport News	PHD To Register call Teresa 594-8045
CPR for Non-Medical	Tuesday August 24	8:00 AM – 1:00 PM	Mary Immaculate Hospital Health Education Room Newport News	PHD To Register call Teresa 594-8045
Mass Casualty Incident Management	Saturday September 19	9:00 AM – 5:00 PM	Tidewater EMS Council 6253 Center Dr. Norfolk, VA 23502	To Register call Teresa 594-8045


Contact Teresa Blakeslee at (757) 594-8045 or Teresa.Blakeslee@vdh.virginia.gov
to register for training

Community Outreach Events

Activity	Date / Time	Location	Volunteers Needed
 BP Screening and Health Info	Wednesday August 5 11:00 AM to 3:00 PM	Marshall Courts Comm. Ctr. Newport News	VOLUNTEERS NEEDED: RN's or LPN's needed (2 or 3)
BP Screening and Health Info	Thursday August 6 10:00 AM to 12:30 PM	Seton Manor Retirement Community Hampton	Volunteered – Molly and Sue Edgette RNs
BP Screening and Health Info	Friday August 7 2:00 PM to 3:30 PM	Great Oaks Newport News	Volunteered – Pat Olsen, RN
 BP Screening and Health Info	Saturday August 8 11 AM to 2 PM	Anderson Park Newport News	VOLUNTEERS NEEDED: RN's or LPN's needed (2 or 3)
 BP Screening and Health Info	Monday August 10 11:00 AM to 1:00 PM	Denbigh Senior Ctr 15460 Warwick Blvd Newport News	VOLUNTEER NEEDED: RN or LPN (1)
BP Screening and Health Info	Monday August 10 2:00 PM to 3:30 PM	100 Martha Lee Dr Hampton	Volunteered – Pat Wharry, RN
BP Screening and Health Info	Thursday August 13 2:00 PM to 3:30 PM	Medical Arts Senior Apartments Newport News	Volunteered – Jennifer Martinez, RN
BP Screening and Health Info	Tuesday August 18 2:00 PM to 3:30 PM	Mennowood Retirement Newport News	Volunteered – Carolyn Conley, RN
BP Screening and Health Info	Wednesday August 26 2:30 PM to 3:30 PM	Warwick SRO Newport News	Volunteered – Brenda Sarno, RN
 Rabies Clinic and Disaster Preparedness Information	Saturday August 29 10:00 AM to 2:00 PM	Hampton Health Dept. Hampton	VOLUNTEERS NEEDED: Vet Tech (1), Registration (2 or 3)
BP Screening and Health Info	Thursday September 3 10:00 AM to 12:30 PM	Seton Manor Retirement Community	Volunteered – Molly and Sue Edgette RNs
 Clinical Quality Assurance Program	Ongoing now through January 30, 2010 Flexible schedule	PHD Chronic Disease Clinic	VOLUNTEERS NEEDED: Data Entry (2)

Contact Helen Madden at (757) 594-8045 or Helen.Madden@vdh.virginia.gov to volunteer

Emergency Preparedness & Response Exercises

Event	Date / Time	Location	Volunteers Duties Assigned
 Seasonal Flu Clinic	September 8 – October 7 Flexible schedule between 7AM and 7PM	Peninsula Health District	VOLUNTEERS NEEDED: Medical and Non-Medical

Contact Teresa Blakeslee at (757) 594-8045 or Teresa.Blakeslee@vdh.virginia.gov to volunteer

Thanks to the Following Volunteers Who Worked in July:

Winnie Bennett
Fran Doyle

Total of 20 volunteer hours!

***Thank you to each of you for your work as an MRC volunteer.
MRC relies on your dedication and your commitment to its mission.***



Reminders

If you have not yet responded to our email regarding your CPR credentials (certification expiration date or plan to take a class and when), we look forward to your prompt response. Please also update us on other credentials you have.

We like to recognize our volunteers; please remember to submit your hours worked. ☺

Emergency Preparedness for the Hearing Impaired

Established in April 2007, Morningdew Communications, Inc. is an Internet-based business that provides weather forecasts and alerts to the deaf and hard of hearing via the Internet. They also have information on emergency preparedness. To view the video visit:

<http://www.deafweather.com/specialwx/emergencypreparedness.php>

Contact Information

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Peninsula Medical Reserve Corps
Peninsula Dept. of Health
416 J Clyde Morris Blvd.
Newport News, VA 23601



Receiving this newsletter via USPS? Please update your email address with us by calling 594-8045 or emailing Teresa.Blakeslee@vdh.virginia.gov

This upcoming seasonal flu, H1N1 and hurricane season is sure to be a busy time for the Peninsula MRC and we will be counting on your help, but if you are no longer interested in volunteering with us, please let us know.



Recruitment efforts are beginning for seasonal flu clinics being held at the Peninsula Health District this fall. We have medical and non-medical opportunities to serve from September 8 through October 7, and we need your help. Please contact the PMRC for more details 594-8045.



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